



BETWEEN THE AGES OF 18 AND 25 YEARS?

WIN MONEY OR EARN EXTRA CREDITS!!

WE ARE LOOKING FOR UMBC STUDENTS (18-25 YEARS OF AGE), WHO:

- Have access to a computer with Internet
- Are willing to complete a confidential online survey
- Are interested in Virtual Reality

WHAT WILL I HAVE TO DO?

- Take around 60 minutes to answer questions about yourself, your eating habits and thoughts about your body.
- Experience a Virtual Reality food buffet environment (1 hour time commitment)
- Make a plate of food at the True-Grits Dining Hall (1 hour time commitment)
- Total of 3 hour time commitment

WHAT DO I GET?

- Extra Credit or Enter in a Drawing with the chance to win \$20, \$50 or \$100 or get a free lunch at the True-Grits Dining Hall
- Help us learn about eating behavior to promote positive & healthy psychological and physical development

WHAT IS THE PURPOSE OF THIS STUDY?

- To examine important psychological and socio-cultural processes that affect eating related beliefs and behaviors. To gather information that may help in efforts to promote healthy psychological and physical development in young adults.

Questions? Call: Sarah at 410-455-5755 or e-mail: jungsar1@umbc.edu

Survey Link: https://umbc.co1.qualtrics.com/jfe/form/SV_78OgZ8JNe8tNsNv

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Healthy Development in Young Adults

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